



Here is What's New? in our May 2024 Edition:

Guidance Articles:

Are Over-The-Counter Hearing Devices A Fit For You?: Hearing loss can be a significant quality of life issue for people. There are certainly many benefits to visiting with an audiology practice or specialist. People with moderate hearing loss are good candidates for hearing aids bought over the counter without medical exams or professional fittings. Please CLICK on the following link:

[Guidance Articles](#)

Advocacy Help:

Tips For More Effective Advocacy: As a deaf or hard of hearing person, it is likely that you will find yourself faced with a situation where it is necessary for you to advocate on your own behalf. Individuals with disabilities, including deaf or hard of hearing individuals, are frequently subject to injustice. Therefore, deaf and hard of hearing people must learn to be effective self-advocates. Please CLICK on the following link: [Advocacy Help](#)

Current Research:

Scientists Regenerate Hair Cells That Enable Hearing: Hearing loss affects about 48 million Americans and 430 million people worldwide, with those numbers expected to grow as populations age. More than 90 percent of individuals affected have sensorineural hearing loss, caused by damage to the inner ear and the destruction of the hair cells responsible for relaying sounds to the brain. Please CLICK on the following link: [Current Research](#)

Expert Videos And Articles:

Seniors And Hearing Loss: One in three people older than age 60 have hearing loss, and one in two people older than age 85 have hearing loss. In this video, Therese Walden, AuD, gives a brief overview of age-related hearing loss and the importance of seeing an audiologist. Please CLICK on the following link: [Expert Videos And Articles](#)

Insights To Living With Hearing Loss:

What Is Listening Fatigue?: Hearing loss leads to communication difficulties. To maintain optimal understanding, listeners with hearing loss must allocate more cognitive resources, or brainpower, to listening than do listeners without hearing loss. Please CLICK on the following link: [Insights To Living With Hearing Loss](#)

What Is Deaf/Hard Of Hearing Plus?: The combined impact of a child being deaf or hard of hearing and having additional challenges can result in complexities in identification of the child's needs/strengths and complexities in how best to provide services, find qualified providers, and appropriately support the child and family. Without careful attention, being D/HH Plus may contribute to a sense of social isolation for the child and family. Please CLICK on the following link: [Insights To Living With Hearing Loss](#)