



Next Meeting

March 14, 2023 @ 6:30 PM

**North East Regional Library
15 Bellevoir Cir, Louisville, KY 40223**

(CART & Hearing Loop Provided)

March Guest Speaker



Alli Woosley

**Coordinator-Office for Aging & Disabled Citizens
Louisville Metro Government
Office of Resilience and Community Services
701 W Ormsby Ave – Suite 201, Louisville, KY 40203
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Personal Bio

“Alli Woosley is the Office for Aging and Disabled Citizens Coordinator at Louisville Metro Government. She is a graduate of Ball State University in Muncie, IN where she received a degree in Exercise Science with a Minor in Sports Medicine. She is an American College of Sports Medicine Certified Exercise Physiologist. Before her time with Louisville Metro, she worked in community health and wellness where she provided a variety of local citizens with the tools to live a healthy and fulfilled life. Now in her new role as the OADC Coordinator, she has updated a 75 page comprehensive resource guide, created the Balance Basics Falls Prevention Course, continued the success of the annual Fan Fair Event and served as the Mayor’s representative on several disability and aging coalitions and commissions. In her free time Alli enjoys spending time with her Husband(Ryan), Daughter (Elliott) and Dog (Maximus). She enjoys staying active by walking, weight lifting, coaching youth volleyball and playing competitive tennis.”

OADC Description

Mission:

The Office for Aging & Disabled Citizens provides leadership to and participates in community activities, advocating for rights, policies and funding that can enhance the lives and independence of seniors and disabled individuals.

What we do:

We participate in community initiatives to sustain and improve services and funding to aging and disabled citizens

We educate the community on the needs of aging and disabled citizens; serve as a resource for giving information and referrals to individual citizens and provide consultation to community groups on aging and disability issues.

The office works to ensure efficient and timely access to information and resources by and for aging and disabled citizens. We do this by providing information on community resources to the community at large.